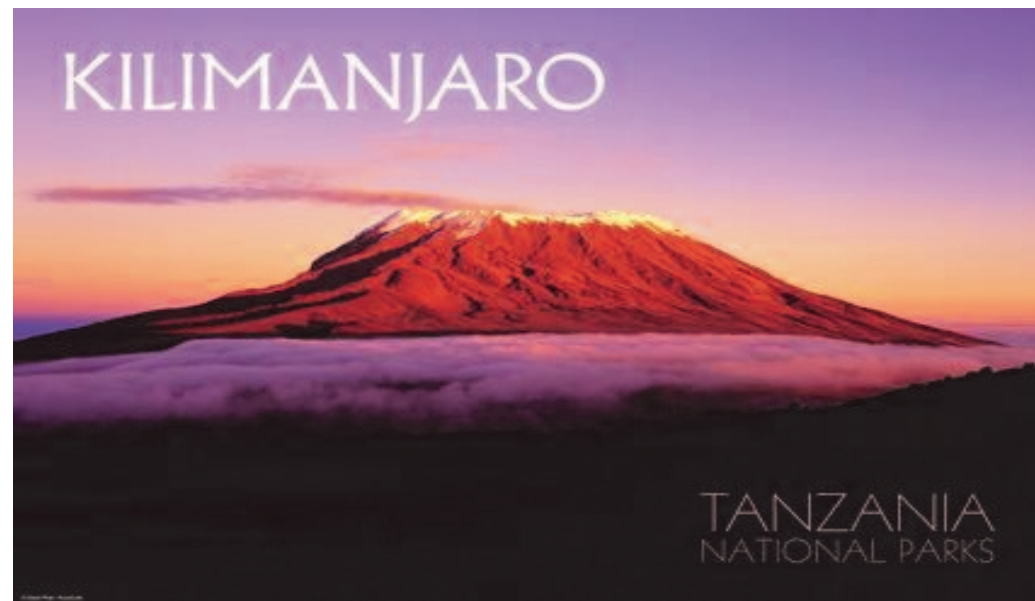


 **October 2012**



**Could you please help me
to raise funds
to help children in:**

· **Wynstones School, Gloucester**

· **Nature Nurture**

· **Journeyman UK**

· **Send a Cow (to Africa)**

**Dear Friends and all others,
who like to support my Fundraising**

Who:

I, Ulf Jarisch, a 44 years young parent at the Gloucester Steiner School have decided together with other parents to raise money for the four Charities introduced inside this flyer.

What:

We are going to climb up to the top of Mt. Kilimanjaro the tallest freestanding mountain on this world. At 5,895m, Mt. Kilimanjaro is one of the largest volcanoes ever to break through the Earth's crust. Our challenge is to reach its summit.

Why:

Originally driven by the Fundraising Idea for the "New Hall" at Wynstones School Gloucester, we aim to continue the Fundraising to finish this massive project. Also at this time we would like to draw more attention to other Charities close to our heart with the same aim to provide a different more holistic service and upbringing for our children. Our children are the only future we have, and I am sure that nothing is more important than to invest into their healthy development and to allow them to grow to their full potential their bring into our world.

When:

10th to 20th October 2012

What can you do & how:

You can support me by offering any amount of money affordable to you. My aim is to raise at least £6500 to be shared between the four Charities.

The easiest and most effective way is to go to this website,

<http://uk.virginmoneygiving.com/UlfJarisch>

and to deposit the amount you are happy to donate.
For all private donations we will also receive a 20% tax aid.

If you run a company you can offset the donation as a business expensive.

If you work for a larger company, could you please ask your management to support me. I know some of the big companies have made a financial allowance to support charitable activities.

Many thanks in the name of all children who will benefit

The four Charities I like to Support

Wynstones A Steiner Waldorf School

Gloucester

The school works within the Steiner Waldorf ethos which is to enable each child to develop and balance their spiritual, intellectual, emotional and practical qualities from Kindergarten onwards

The school has a non-selective approach to education and believes in achieving high standards in all years without undue stress or a competitive system.

Our Big Project

The New Hall Project was launched in 2002 to provide a badly needed facility for school assemblies, festivals, some performing arts and sports. The great news is that we are now only 30K short of the funds needed to complete the hall as originally specified.

Since the start of the project the school community has raised the truly gargantuan total of £5,7,000 of which £397,000 was achieved from fundraising events, the borrowing community and individual donations, and £120,000 from charitable organisations. To this the school itself has added a further £350,000 in borrowed funds and committed a further £140,000 from reserves bringing the total funding to date of £1,007,000.

The Hall is now being used for sports and festivals. Phase III, which is fully funded, will see the completion of all internal doors, showers, toilets, basketball goals, a new water supply and external paving and will be finished by the end of the Autumn term 2010. Phase IV with a budgeted cost of £90,400 will complete the hall as originally specified and will include the installation of retractable seating, or a de-mountable stage, stage lighting, stairs and balcony. On current estimates we will have about £60,000 of funding for this last phase.

We therefore now require only a further £30,400 to fully complete the hall as originally specified.

More info : www.wynstones.com



Our mission is to improve the life chances of disadvantaged and vulnerable children and young people experiencing challenges at home, at school and in the community.

Many of the children and young people we work with, aged from 0 - 16, come from families affected by substance misuse, alcohol abuse and domestic violence.

Nature Nurture is the first early intervention programme in the UK that tackles vulnerability and promotes resilience by combining free play and nurturing interactions in natural environments.

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Nature Nurture runs programmes for groups of 10 children or young people, comprising 20 sessions. Weekly term time sessions are half day, whilst in school holidays there are whole day sessions for five consecutive days. Sessions take place outdoors in natural environments where children and young people can play, challenge themselves, socialise, explore and create freely with the attuned support of specially trained staff.

Principles and Values

The Project is closely aligned to the principles and values of Getting It Right For Every Child, the Curriculum for Excellence, the Early Years Framework, Waldorf Education and Social Pedagogical approaches.

Nature Nurture promotes resilience by providing opportunities for healthy development in seven areas:

- *Physical Health and Wellbeing*
- *Mental and Emotional Wellbeing*
- *Social Competencies*
- *Positive Values and Attitudes*
- *Talents and Interests*
- *Creativity and Imagination*
- *Knowledge and Understanding*

More info: www.naturenurture.org.uk



Journeyman UK is a unique education charity. Dedicated to supporting boys aged 13 to 17 in discovering their potential as they navigate the choppy waters of adolescence, we enable communities to skilfully take responsibility for helping their boys and young men become the adults they want to be.

At its best, Journeyman UK enables men and boys to discover their unique potential and apply their gifts in service to themselves, each other and their community at large.

Trained men practice and model positive adult male behaviours so boys can practice the art of being men in a safe, supportive and highly nurturing environment. It's a bit like an apprenticeship in growing up.

Reconnecting boys and men

"A culture falls apart from two places at once – when its young people are not welcome and rejected, and when its old people are not remembered and respected". Michael Meade

Throughout history societies have actively nurtured their boys through adolescence. Elder men would take responsibility for the boys and through challenge, ritual, storytelling and example guide them on the uncertain and risky journey toward manhood.

It's a concept largely lost across the industrialised world, where men have disappeared into a mysterious place called 'work' and the bonds that held together communities of men have been severed. Adolescent boys are left to their own devices to 'make it through'.

More info: www.journeymanuk.org



For over 20 years we have been helping thousands of African families grow enough food to eat, sell their produce and develop small businesses that last.

Our Vision

A world without poverty and malnutrition.

Our Mission

To enable poor rural families in Africa to attain food and livelihood security, by developing strong community groups and sustainable agricultural systems which integrate crops and livestock.

Providing livestock, training and on-going support, we help families leave poverty behind for good. Send a Cow works hand in hand with poor families, teaching them the skills they need to build new lives free from poverty and hunger. By providing training, livestock, seeds and support, we restore hope and create stronger communities for the future.

In turn, these families then pass on young livestock, seeds or training to others. And so on. And so on. This 'Pass it On' principle not only builds stronger communities, it allows us to help even more people to develop skills, confidence and self respect. Send a Cow doesn't offer a quick fix solution to poverty and rural development. In for the long haul, we typically work with groups of farmers for five years to effect substantial and sustainable change. We also acknowledge from the outset that issues such as gender equality, health and family harmony are just as vital to the success of development programmes in Africa as simple livestock provision.

So in addition to on-going training in animal wellbeing, sustainable organic farming practices and natural resource management, our work also provides courses in subjects such as gender equality, conflict resolution, health and hygiene and HIV/Aids awareness. This balance of practical farming skills with social, life skills is a potent mix and produces remarkable results.

More info : www.sendacow.org